At Your Divine Lotus Feet, Dearest Lord, I Earnestly Pray!

You are the Almighty Sat Purusha, Omnipotent, Omniscient and Omnipresent!
After countless lives, You have blessed me with human birth!
Please make me worthy to be Your true and sincere devotee (sādhuṣaka ṣādhaka), now and forever!
Please be my constant Companion and Guide (Sanātana Sārathi, Sātvatī Mahārāja) throughout this human sojourn!

O’ Divine Mother and Father, grant that I may live this life
With You always in my heart and my mind, and earn Your Grace (Guru Kripā, Guru Kripā).
O’ Pure and Formless One, Subtle Source of All (Alakh Niranjan, Alakh Niranjan)
Please nurture the seeds of these noble spiritual qualities (sātvic sadguno bhājan) in me ...

... the faith (shraddhā bhakti) to accept You as God and SatGuru.
... the inspiration (preranā bhakti) to serve You with every fiber of my being.
... the resolve (sankalpa shakti) to search for You deeply within.
... the experience (darshan bhakti) that You (Paramātmā Paramātmā and I (Ātmā Ātmā) are One.
... the intellect (buddhi bhakti) to study and understand Your message.
... the determination (shakti bhakti) to emulate Your teachings and example.
... the awareness (dīvadhristi bhakti) to feel Your presence at all times and at all places.
... the knowledge (gnāna bhakti) that You are the Creator and You alone are the Doer.
... the humility (namratā bhakti) to surrender the fruits of all actions unto You.
... the recognition (tatva bhakti) that You are Divine Love, that You do not cause suffering upon Your children.
... the acceptance (svākhyā bhakti) that whatever happens to me – good or bad – is the effect of my own karma.
... the determination (sādhuṣaka bhakti) to strive tirelessly to transcend illusory and transient qualities of this world (māyā Ātmā).
... the commitment (dīhāna bhakti) to steadfastly purify my mind, speech and actions.
... the devotion (parambhakti bhakti) to worship You (japa pūj, prārthanā śādhanā, śrāvana śādhanā) and sing Your glories (bhajan kirtan dāna).
... the discipline (ekāgratā bhakti) to practice meditation (dhyāna dāna), non-violence (ahimsā dūrānta), forbearance and forgiveness (kshamā kairānta), and kindness and compassion (dīvīkānta karaṇa karunā kairānta).
... the tenacity (samskriti śrāvana) to break free from limiting body conscious beliefs and rise above wrongful desires, anger, greed, delusion, ego, fear and jealousy (kāma śrāvana, krodha śrāvana, lobha śrāvana, moha śrāvana, ahamkāra śrāvana).
... the sensitivity (dayā bhakti) to feel the pain of all living beings.
... the courage (dīhāna bhakti) to abstain from violence in thought, word and deed, and to practice vegetarianism.
... the wisdom (brahma-gnāna śrāvana) to respect my body as a temple of my soul (Ātmā Ātmā), and keep it clean and pure (deha-shuddhi kairānta).
... the resolve (sādhuṣaka śrāvana) to abstain from alcohol, tobacco, drugs and other substances harmful to me, my family and society.
... the temperament (viveka śrāvana) to partake in sat-sangs of saints and sages, and keep the company of spiritual seekers.
... the conviction (sādhuṣaka śrāvana) to live a spiritual life without any regrets in old age, illness or disability.
... the equanimity (samadhrisī śrāvana) to see God in every human being, regardless of caste, creed, religion or other differences.
... the patience (dhruti bhakti), perseverance (sthīta bhakti) and purity (svabhāva-pachi-trātā śādhanā) to return this rare gift of the five elements that compose my body to You, in the same pure state I have received it from You.
From You I have come, to You I must return!

O’ Infinite Ocean of Love, Wisdom and Compassion,
Please Light the Lamp of Divine Love in My Heart
And
Bless Me with the Realization of My True Self –
That I am Truth, Peace and Supreme Bliss (Sat-Chit-Ānanda, Sat-Chit-Ānanda)